

# Kathryn J. Leeman, Ph.D.

([www.kathrynleeman.com](http://www.kathrynleeman.com))

## **FAST EMOTIONAL CLEARINGS THROUGH TRANSPERSONAL PSYCHOLOGY TECHNIQUES**



Tired of talk therapy or resistant to even starting it? Want peace of mind and heart from old patterns resurfacing over and over again? Now there is a way of clearing conscious and unconscious data from within that creates patterns of self-sabotage. It is simple, requires about 45 minutes, gets to the core, and best of all releases it! This treatment bypasses the symptoms, which could be showing up for you in your physical, mental, emotional or spiritual health, and goes straight to the bottom line. Once the base has been established and addressed, then true healing can take place at every level.

Over the last 20 years I have witnessed, researched and experienced how painful experiences bury themselves in our unconscious, and create challenges for us in our bodies, minds and souls. They resurface as aches and pains, diseases of various kinds, projections onto others, along with subconsciously creating a variety of other unwanted experiences.

I have woven together a system from a variety of techniques learned through my travels, educations, experiences with indigenous cultures, and highly sensitive intuitive skills. This process helps people to get through some of the stories they have lived, which still have some negative charge that is unconsciously or consciously holding them back. The root cause may be in a past life trauma, or something known or unknown carried down through the generations, or patterns picked up the mother's womb, as well as known or unknown memories of this life.

I also give a variety of "tools" to take home and continue their liberation process. They leave the session feeling lighter at every level and more alive. Most people come back for a follow up session just to make sure there is no small unconscious residual left behind. If so, it takes only 20 minutes to finish up and they are done! Sometimes people have had an aura/chakra photograph taken before and after the session. They can see then really *see* the difference, as well as feel it!

Many have reported positive results in their personal and professional lives. One example was of a man in his fifties, who has had difficulty with finances all his life. He has been close to homeless several times, and never felt appreciated or accepted for his craft. He is married, and his wife came to see me pleading with me to do something around his anger. Reluctantly, he came in with a great deal of "attitude". After fifteen minutes I had traced the financial issue back seven generations on his father's side.

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Many of the men had been ministers, preaching about money being the root of all evil. While, “Jim” himself was not a religious man, yet wanted to be very spiritual, his subconscious and cellular programming could not reconcile spirituality and money being in harmony. We did his clearing. I gave him instructions on what to do at home. He came in the following week to finish the session, and within 10 days had been offered a \$500,000 a year job with great benefits!

Another situation was with a woman who was experiencing a lot of emotional abuse in her marriage. This was her third marriage, yet she would always end up in the same type of relationship even though all three men had appeared to have very different personalities. She did not want to take herself or her children through another divorce. We found her root cause to be while she had been in her mother’s womb. Her father, whom she never met because he left before she was born, had been very abusive to her mother. She had heard everything he said to her mother at a subconscious level, including the times he had told her mother that he loved her. She became imprinted with “I love you = being abused”. She also felt it was her fault her father was so angry, because he kept ranting about her mother being pregnant against his wishes. We went to work clearing the patterns. Three sessions later she reported that for the first time her husband brought her flowers and a card apologizing as to how he had been treating her over the last few years. The children’s father had also called to apologize! She was surprised and thrilled to say the least.

Pat came in with a “bad” knee. She was fairly young, yet walked with a cane. The doctors could find nothing physically wrong but had prescribed pain killers. She was very depressed. She had been an avid hiker and rock climber. Now she could no longer do what gave her great joy. We traced her core back to a past life, where she had been a man out on a hike one day. She stopped to overlook the valley. Something from behind had startled her, and she fell several feet below along with some rocks tumbling down behind her. She couldn’t get up because her knee was smashed and pinned under a rock. After three days, she died of internal injuries as well as no food or water. She, therefore, had an underlying fear of history repeating itself. It took two sessions and the cane was gone. In fact, she left it behind in my office, and skipped out to her car. She now leads people on trail hikes through some national parks.

Even though these are some significant examples, people come to me with common every day issues. It matters not the topic, just that there is a desire to end the pattern. There is nothing to lose except the “suffering”. It is quick, easy, and effective. Are *you* ready for such a change?

*For more information or to arrange an appointment, please contact:*

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