

Discovering the Song of Your Soul

*A gateway to living authentically
in freedom and happiness.*

The intent of this weekend workshop is to assist participants in discovering and reconnecting to the “Song of their Soul.” It is our alignment with this unique melody that not only brings us peace but also a sense of freedom and happiness. “Discovering the Song of Your Soul” is a catalytic experience focusing on the reclamation of our authentic nature while releasing judgments or attachments to our shadows. This is about tethering ourselves to Truth and moving forward into the Light.

“Discovering the Song of Your Soul” is meant to be experiential and is designed to support you in hearing the voice of your own higher wisdom, as well as recognizing the archetypal, societal and cultural blockers that keep you from following your internal compass. This weekend workshop is about surrendering to the call of your Soul and aligning with your own unique song, while overcoming the fears that keep you from experiencing unity with your divine authentic nature.

Some of the transformational tools utilized will include the labyrinth (an ancient pathway for meditation, contemplation and prayer), archetypal patterns, the 6 faculties of the mind (imagination, insight, reason, perception, memory and will) and the petals of the labyrinth (faith, surrender, service, abundance, forgiveness, overcoming and LOVE).

In this time of tremendous change and possibility, discovering and aligning with the Song of your Soul will take you to another level of living!

Dates: February 3rd thru 5th (Fri 7pm-9:30pm, Sat 9am-5pm, Sun 9:30am-3:30pm)

Cost: \$375 before Jan 28/ \$425 after Jan 28th (MasterCard/Visa 3% handling fee)

Where: Redlands Holistic Health Center

12 Nevada St. (aka 11245 Nevada), Ste B, Redlands, CA 92374

The cost of the retreat is \$425, yet to celebrate the beginning of a brand new year, we are giving a **\$75 discount for all who sign up before Jan 27th with a non-refundable \$100 payment to reserve their spot!** Lunches will be each person’s own responsibility.

Please call (951) 313-8541 or email kathrynleeman16@yahoo.com to register!

Facilitators:

Dr. Kathryn Leeman, PhD

Dr. Leeman is a transpersonal psychologist who has led transformational workshops and journeys all around the world for over 25 years. (www.kathrynleeman.com)

Karrie Wallen (M.A.)

Karrie Wallen has been a teacher and change facilitator in public education for over 20 years. She is the author of the blog *Rally of One* (www.rallyofone.blogspot.com). (www.karriewallen.com)

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