



*Dr. Kathryn Leeman, PhD.*  
**NATURAL MYSTICISM**  
**Year-Long Training Course**

**Natural Mysticism™** is a cross-cultural educational and experiential course designed to assist those who have a deep desire to "walk the mystical path with practical feet." To walk in balance is being able to be deeply rooted both in the interior world of one's life, as well as the exterior world. This is a tremendous challenge in today's world, and it is the most powerful healing action that can be taken in our culture personally and professionally. Each of us is created with unique gifts, talents, expressions and visions. Our culture does little to support and enhance authenticity and integrity. Natural Mysticism™ reveals how to resolve conflicts both personally and collectively, in order that we may live together with healthy boundaries and the freedom to be authentic, and use these tools practically.

This course was created through weaving together the many years of Dr. Kathryn Leeman's research, trainings, teachings and experiences received from her teachers and travels to various parts of the world. Listed below are a few of the main areas that will be discussed and experienced (and much more!)

- \*\*\* *Learn how to recognize, experience and cooperate with some of the major spiritual archetypal influences that govern your body, mind, emotions and spirit*
- \*\*\* *Become aware of your self-sabotage patterns and clear them*
- \*\*\* *Receive training and experience soul retrieval techniques*
- \*\*\* *How to implement the infinite laws of spiritual detachment*
- \*\*\* *Various aspects of cross-cultural meditations, ceremonies, tools and wisdoms*
- \*\*\* *Release addiction patterns and claim inner resources to use*
- \*\*\* *Discover your original nature you were born to imprint on this Earth*
- \*\*\* *Every season filled with discoveries and many helpful tools given*

Cross-culturally each season of the year brings its own set of lessons, challenges and wisdom. In order to "walk the mystical path with practical feet", we must learn how to walk in harmony with nature. Therefore, Natural Mysticism training will take place once a season with an extra weekend for integration. **This course is a year-long commitment and it is necessary to attend each weekend in order to complete the course.**

Some of the individuals Kathryn has learned and experienced with are: Dr. Angeles Arrien, Dr. Deepak Chopra, Dr. Caroline Myss, Fr. Ron Roth, Dr. Hazel Denning, Red Eagle, Brooke Medicine Eagle, Grandmother Twylah Nitsch, Master Charles Cannon, Baba Ram Dass, Vusamazulu Credo Mutwa: Zulu High Sanusi and various other shamanic and medicine people from different countries and tribes, especially Grandmother Nature.

*Please note: People will need to interview with Kathryn prior to attending. This is a teaching course only for those who can be crucifiably honest with themselves, and take accountability and responsibility for their own strengths and weaknesses. This may be done by telephone.*

## **Natural Mysticism™ Course**

**ALL WEEKENDS MUST BE ATTENDED.  
NO WEEKEND CAN BE MISSED FOR ONE BUILDS ON THE OTHER.**

**West Coast: Southern California  
(Redlands Area – to be announced)**

Each weekend begins Fridays @ 7:00 p.m. and concludes Sundays @ 5:00 p.m.  
Accommodations are not included, therefore, hotel information will be provided upon request.

Please contact: Pamela Pierce 760-899-6162

*or*

If you are interested in having Dr. Leeman teach this course in your area,  
it is available as a 10-day intensive or the 5-weekend per year format.

*For more information or to reserve your space please contact:*

**Dr. Kathryn Leeman**

**Phone: (909) 792-2094 3# or cell phone: (951) 313-8541**

***or via email at: [information@kathrynleeman.com](mailto:information@kathrynleeman.com)***

**East Coast classes also available-see website – [www.kathrynleeman.com](http://www.kathrynleeman.com)**

**West Coast classes also available-see website – [www.kathrynleeman.com/](http://www.kathrynleeman.com/)**